

## **Diabetes Education Classes**

March 22 & 23

The class meets over 2 days from 4 - 6 pm

Class topics include

- What is Diabetes?
- Complication of Diabetes
- Diet Management
- Medications
- Blood Glucose Monitoring

## Who should attend

People who have been newly diagnosed, having difficulty managing or a history of diabetes and would like a refresher. Participants may bring one family member with them.

## Instructor

Linda Giambroni RN

## **Guest Speakers**

Debbie Wick RDLD and William Smith PharmD

Contact East Liverpool City Hospital for more information or to register for classes 330-386-2670